

Word/Term/ Definition

Description -LGBTQ

Ally	A (typically) straight and/or cis person who supports members of the LGBT community.
Bi	Describes a romantic and/or sexual orientation towards more than one gender.
Biphobia	The fear or dislike of someone who identifies as bi based on prejudice or negative attitudes, beliefs or views about bi people.
Butch	Term used in LBT culture to describe someone who expresses themselves in a typically masculine way. You shouldn't use these terms about someone unless you know they identify with them.
Cisgender	Someone whose gender identity is the same as the sex they were assigned at birth. Non-trans is also used by some people
Coming out	When a person first tells someone/others about their orientation and/or gender identity.
Deadnaming	Calling someone by their birth name after they have changed their name. This term is often associated with trans people who have changed their name as part of their transition.
Femme	Femme is a term used in LGBT culture to describe someone who expresses themselves in a typically feminine way. You shouldn't use these terms about someone unless you know they identify with them.
Gay	Refers to a man who has a romantic and/or sexual orientation towards men. Also a generic term for lesbian and gay sexuality - some women define themselves as gay rather than lesbian. Some non-binary people may also identify with this term.
Gender	Often expressed in terms of male/female, gender is largely culturally determined and is assumed from the sex assigned at birth.
Gender Dysphoria	Used to describe when a person experiences discomfort or distress because there is a mismatch between their sex assigned at birth and their gender identity. Also the clinical diagnosis.
Gender Expression	How a person chooses to outwardly express their gender, within the context of societal expectations of gender.
Gender Identity	A person's innate sense of their own gender, whether male, female or something else (see non-binary below), which may or may not correspond to the sex assigned at birth.
Gender Reassignment	Another way of describing a person's transition. Can include medical intervention, n changing names, pronouns, dressing differently and living in their self-identified gender.
Gillick Competence	A term used in medical law to decide whether a child (under 16 years of age) is able to consent to their own medical treatment, without the need for parental permission or knowledge.
Heterosexual	Refers to a man who has a romantic and/or sexual orientation towards women or to a woman who has a romantic and/or sexual orientation towards men.
Homophobia	The fear or dislike of someone, based on prejudice or negative attitudes, beliefs or views about lesbian, gay or bi people.
Intersex	Describes a person having the biological attributes of both sexes or whose biological attributes do not fit with societal assumptions about what constitutes male or female.
Lesbian	Refers to a woman who has a romantic and/or sexual orientation towards women. Some non-binary people may also identify with this term.
Neurodiverse	A concept where neurological differences are recognised and respected in the same way as any other human difference.
Non- Binary	An umbrella term for people whose gender identity doesn't sit comfortably with 'man' or 'woman'. Non-binary identities are varied and can include people who identify with some aspects of binary identities, while others reject them entirely.
Orientation	An umbrella term describing a person's attraction to other people. This attraction may be sexual (sexual orientation) and/or romantic (romantic orientation).
Outed	When a lesbian, gay, bi or trans person's sexual orientation or gender identity is disclosed to someone else without their consent.
Pan	Refers to a person whose romantic and/or sexual attraction towards others is not limited by sex or gender.
Passing	If someone is regarded, at a glance, to be a cisgender man or cisgender woman.
Pronouns	Words we use to refer to people's gender in conversation - for example, 'he' or 'she' 'they or their'.
Queer	Queer is a term used by those wanting to reject specific labels of romantic orientation, sexual orientation and/or gender identity. Can be viewed as a slur, it was reclaimed in the late 80s by the queer community who have embraced it.
Questioning	The process of exploring your own sexual orientation and/or gender identity.
Trans	An umbrella term to describe people whose gender is not the same as, or does not sit comfortably with, the sex they were assigned at birth.
Trans man	A term used to describe someone who is assigned female at birth but identifies and lives as a man. This may be shortened to trans man, or FTM, an abbreviation for female-to-male.
Trans woman	A term used to describe someone who is assigned male at birth but identifies and lives as a woman. This may be shortened to trans woman, or MTF, an abbreviation for male-to-female.
Transitioning	The steps a trans person may take to live in the gender with which they identify. Each person's transition will involve different things. And include medical/social transitions
Transphobia	The fear or dislike of someone based on the fact they are trans, including denying their gender identity or refusing to accept it. Transphobia may be targeted at people who are, or who are perceived to be, trans.

Undetectable

HIV medication (antiretroviral treatment, or ART) works by reducing the amount of the virus in the blood to undetectable levels. This means the levels of HIV are so low that the virus cannot be passed on. Also known as undetectable viral load