By the end of Spring 1 you will know:

Define the term life events

Define the term expected life event.

Define the term unexpected life events.

Give two examples of expected life events.

Explain how the two expected life events impact upon the PIES.

Give two examples of unexpected life events.

Explain how the two unexpected life events impact upon the PIES.

Expected life events happen throughout all life stages. True or false?

Unexpected life events are always negative. True or false?

Going to school – expected or unexpected?

Parenthood – expected or unexpected?

Divorce – expected or unexpected?

Imprisonment – expected or unexpected?

Retirement – expected or unexpected?

How does imprisonment effects all four classifications of development?

Define the term physical events.

Define the term life circumstances.

What is the difference between acute and chronic health? Give two examples of acute health.

Give two examples of chronic health.

Explain the impact of illness on two of the PIES during Adolescence.

Explain the impact of illness on two of the PIES during Early adulthood.

Explain the impact of illness on two of the PIES during Later adulthood.

Give three examples of how physical events may impact growth and development.

Is an accident an expected or unexpected life event? Explain the long term effect of an accident on two of the PIES.

Define the term resilience.

Explain why having resilience is important when trying to overcome an unexpected life event.

Define the term self-esteem.

Explain how having high self-esteem is important when trying to overcome an unexpected life event.

Define the term emotional intelligence.

Explain why it is important for someone to be aware and in control of their emotions?

What is meant by the term disposition?

Give two examples of types of support.

Give two examples of what emotional help can do.

Give two examples of what informal support can provide.

Give two examples of informal support.

Give two examples of formal support that can help with someone's physical health.

Give two examples of formal support than can help with someone's mental health.

Provide one reason for why somebody may be reluctant to seek formal support for their physical or mental health.

Explain how probation services are able to support an individual who has been in prison.

Give two examples of voluntary support.

Give two examples of community support.

Give an example of multi agency working.

Give an example of multidisciplinary working.

By the end of Spring 2 you will know:

All previously taught content and questions relating to Component 1.