

### **By the end of Autumn 1 you will know:**

“Are the phases of life that each person passes through”  
What am I describing?  
What are the six life stages that we pass through?  
What are the age ranges for the six life stages that we pass through?  
In what life stage would you expect rapid growth and development?  
In what life stage would you expect to go through puberty?  
Give 2 signs of puberty in girls and 2 of boys.  
In what life stage would the female expect to experience menopause. How will she recognise this development?  
In what life stage are you expected to retire in?  
What is meant by the term ‘milestone’?  
What are the four classifications of development?  
What is the difference between fine and gross motor skills?  
Give an example of each.  
Give an example of a fine motor skill at the age of 8 years old.  
Give an example of a gross motor skill at the age of 4 years old.  
At what age can a child ride a bicycle? Is this a gross or fine motor skill?  
At what age can a child hold a crayon? Is this a gross or fine motor skill?  
Name and describe the 3 main areas in the development of play  
Give two examples of the ageing process.  
What is the difference between primary and secondary sexual characteristics?  
Give two examples of genetically inherited diseases.  
Intellectual development involves aspects of cognitive development. Name the four aspects of cognitive development.  
Name two activities that encourage language development in children.  
At what age do children become more inquisitive and enjoy exploring objects and materials?  
Before being able to speak how do children express their emotions?  
Define the term independence.

What do we mean by the term genetic inheritance?  
Give two examples of genetically inherited characteristics.  
Give two examples of genetically inherited disorders.  
Explain how a genetic disorder effects emotional development.  
Explain how a genetic disorder effects intellectual development.  
Explain how a genetic disorder effects physical development.  
Explain how a social disorder effects social development.  
How can illness effect an individuals education?  
Give three effects of a balanced diet.  
Give three effects of an unbalanced diet.  
Give two factors that can impact upon dietary choices.  
Give two positive effects of regular exercise.  
Give one effect of drinking alcohol.  
Give one effect of taking illegal drugs.  
Give two physical effects of smoking.  
Give two factors that can have an effect upon our appearance?  
Define the term lifestyle choices.

### **By the end of Autumn 2 you will know:**

Explain two positive effects of culture or religion on development.  
Explain two negative effects of culture or religion on development.  
Give one example of how community involvement effects emotional development.  
Give one example of how community involvement effects social development.  
Define the term gender roles.  
Give two examples of gender roles for men.  
Give two examples of gender roles for women.  
Give two examples of gender discrimination.  
Give two positive effects of a good education. Refer to the PIES.  
Give two negative effects of a poor education. Refer to the PIES.

What is the difference between formal and informal relationships?  
Give one example of a relationship that might be formed during adolescence.  
Give two reasons why relationships change throughout the life stages.  
Explain why individual in later adulthood might experience social isolation.  
How does retirement effect social development?  
Define the term role models.  
Define the term peer pressure.  
What are two effects of social isolation?

How does having an adequate income effect our physical development? Provide one example.  
How does having an adequate income effect our emotional development? Provide one example.  
How does having an adequate income effect our social development? Provide one example.  
What might income might individuals rely on after they retire?  
Explain two positive effects of living in good housing.  
Explain two negative effects of living in poor housing.  
Define the term material possessions.  
How can an adequate income effect our self-esteem?  
How does educational experiences impact upon income?  
Explain how income effects upon the lifestyle choices that we make. Provide one positive effect and one negative effect.