## What is bullying?

## A definition of bullying is:

"Behaviour by an individual or group; usually repeated over time, that intentionally hurts another individual or group either physically or emotionally".

S.T.O.P.

Is a useful working definition adopted by New College Leicester as a way of simply defining bullying.



Several
Times
On
Purpose



## What is bullying?

Bullying can take many forms (for instance, cyber-bullying via text messages or the internet).

Bullying is often motivated by prejudice against particular groups (race, gender, Special Educational Needs, religion, sexual and/or gender orientation or simply because a child is adopted).

Bullying involves an imbalance of power between the victim and the perpetrator.

Bullying can manifest itself in many ways – physical, psychological or emotional.

Bullying can lead to feelings of fear, anxiety, isolation and distress

## AT NEW COLLEGE LEICESTER WE DO NOT TOLERATE ANY FORM OF BULLYING

