Basketball
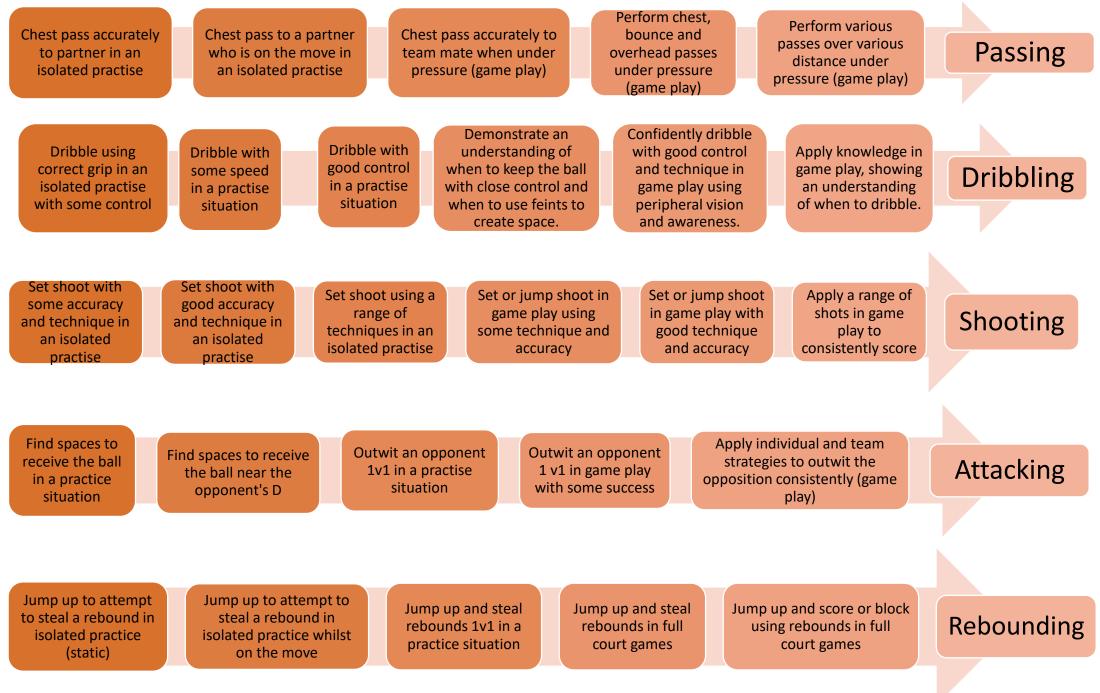
Progressions to develop the procedural knowledge (how/what to perform) and declarative knowledge (knowing how/what to do).

Passing

- Chest pass accurately to partner in an isolated practise
- Chest pass to a partner who is on the move in an isolated practise
- Chest pass accurately to team mate when under pressure (game play)
- Perform chest, bounce and overhead passes under pressure (game play)
- Perform various passes over various distance under pressure (game play)

Dribbling

- Dribble using correct grip in an isolated practise with some control
- Dribble with some speed in a practise situation
- Dribble with good control in a practise situation
- Demonstrate an understanding of when to keep the ball with close control and when to use feints to create space.
- Confidently dribble with good control and technique in game play using peripheral vision and awareness.
- Apply knowledge in game play, showing an understanding of when to dribble.

Shooting

- Set shoot with some accuracy and technique in an isolated practise
- Set shoot with good accuracy and technique in an isolated practise
- Set shoot using a range of techniques in an isolated practise
- Set or jump shoot in game play using some technique and accuracy
- Set or jump shoot in game play with good technique and accuracy
- Apply a range of shots in game play to consistently score

Attacking

- Find spaces to receive the ball in a practice situation
- Find spaces to receive the ball near the opponent's D
- Outwit an opponent 1v1 in a practise situation
- Outwit an opponent 1 v1 in game play with some success
- Apply individual and team strategies to outwit the opposition consistently (game play)

Rebounding

- Jump up to attempt to steal a rebound in isolated practice (static)
- Jump up to attempt to steal a rebound in isolated practice whilst on the move
- Jump up and steal rebounds 1v1 in a practice situation
- Jump up and steal rebounds in full court games
- Jump up and score or block using rebounds in full court games

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Passing	Dribbling	Shooting	Game play – rules and regulations
-How can I pass the ball in Basketball? -What are the types of passes used? -When do I use each type of pass in Basketball and why? -Why is passing important?	- How can I dribble with the ball? - What does double dribble look like? - What is the penalty for double dribble? - When would I dribble in a game and why?	-What is the triple threat position? -How do I perform the set shot? -How do I perform the jump shot? -Where do I perform the set shot? -Where do I perform the jump shot? -How many points is the set shot? -How many points is the jump shot? -Why is the jump shot different to the set shot?	- What is the official called? - How long is a game? - How many quarters are in a game? - How is the game started? - Where must your feet be when the ball is in play? - When do you receive an inbound pass? - Where must your feet be for an inbound pass? - When do you receive a free throw? - What happens if you make 5 offensive fouls in a quarter? - What happens if you foul an attacking player in your D?

Attacking	Rebounding	Key terminology	
- Where should we move to when our teammate has the ball? - How can we exploit space (individually) around the D when attacking? - How can we exploit space (as a team) around the D when attacking? - How can we outwit an opponent in a 1 v 1 situation?	-What is a rebound? -What are the aims of a rebound? -How do I approach the take off? -Which part of the foot do I take off from? -Where do I place my hands when in the air? -What is the trigger for a player to prepare to rebound?	- Pass - Dribble - Grip - Triple threat - Shoot - Lay up - Free throw - Inbound pass - Give and go - Rebound - Team mates	

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