

Dodgeball

Progressions to develop the procedural knowledge (how/what to perform) and declarative knowledge (knowing how/what to do).

Throws the ball with some power and accuracy. Often gets caught out

Throws the ball with power and some accuracy.

Throws the ball with power and accuracy often getting people out.

Consistently throws the ball with power and accuracy, disguising their throws to get opposition players out.

Throwing

Catches the ball inconsistently

Can catch a ball with some consistency when thrown at them with little power

Position themselves well to catch the ball at different heights with consistency.

Can catch a ball at different heights consistently when thrown at them with power.

Can catch a ball using a variety of techniques and perform rebound catches

Catching

Faces the opposition to reduce chances of getting hit by a ball

Uses a blocking ball well but gives possession back to the opposition

Can effectively jump and duck to avoid incoming balls.

Can effectively dive, roll and block to avoid incoming balls.

Uses a variety of techniques effectively to avoid getting hit. Can protect themselves and others with a blocking ball.

Dodging and blocking

Court position is inconsistent when attacking and defending.

Attacks and defends from the correct court positions.

Can disguising when to throw a ball and when to keep it.

Can attack/defend from a variety of different angles

Adopts a variety of attacking/defensive strategies to hit opponents and protect themselves and team mates.

Attacking and defending

Dodgeball

Progressions to develop the procedural knowledge (how/what to perform) and declarative knowledge (knowing how/what to do).

<p><u>Throwing</u></p> <ul style="list-style-type: none"> - What different ways can we throw a dodgeball? - What height should we throw a dodgeball? - Why is it important to throw the ball with power? - Why is court position important when throwing the ball? - Why is disguising a throw in a game important? - What happens if you hit an opposition player with a ball? 	<p><u>Catching</u></p> <ul style="list-style-type: none"> - How do you catch a dodgeball? - Why would you want to catch a dodgeball in a game? - What happens when you catch a ball from an opposition player? - What happens if you drop a catch in dodgeball? 	<p><u>Dodging/Blocking</u></p> <ul style="list-style-type: none"> - Why should we dodge/block a dodgeball? - What court position would increase your chances of dodging/blocking a ball? - Why do we need to face are opponents all the time in dodgeball? - What different ways can we dodge a ball? - How do we block a ball in dodgeball? - How can we keep possession of a ball when blocking? - 	<p><u>Game play – rules and regulations</u></p> <ul style="list-style-type: none"> - How is a game started? - Once we have collected a ball at the start, where does it need to cross? - What happens if you are hit by a ball? - What happens if your ball is caught? - Where do you go if you are out? - How do you get back in? - Why would your tactics change when attacking or defending? - What tactics could you use when attacking or defending?
<p><u>Attacking</u></p> <ul style="list-style-type: none"> - What is attacking in dodgeball? - What different ways can we attack in dodgeball? - How can a team effectively work together to attack in dodgeball? - Why is attacking from different angles an advantage? 	<p><u>Defending</u></p> <ul style="list-style-type: none"> - How do we defend in dodgeball? - What court position is it best to defend in? - What different ways can we defend in dodgeball? - How can a team effectively work together to defend in dodgeball? 		<p><u>Key terminology</u></p> <ul style="list-style-type: none"> - Catch - Throw - Attack and Defend - Duck/Dive/Roll, Jump - Court - In/Out - Block/Dodge - Attack line - Disguise