

	What you will know at the end of this term
Autumn	<p>Relationships, sex and health education</p> <p>What physical changes occur when growing up? What mental changes occur when growing up? Why do these changes occur? What does 'biological sex' mean? What does 'gender identify' mean? What does 'sexual orientation' mean? What is heterosexuality? What are diverse relationships (LGBTQ)? What support is there for a person who is questioning or gender transforming? Why do people choose to be married? What do we mean by 'entered into freely'? What is the law regarding same sex marriage? What is the law regarding same sex couples having children?</p>
Spring	<p>Drugs, alcohol and associated risks</p> <p>What drugs are socially acceptable and why? Why can legal/illegal drugs be normalised? Why does culture affect the concept of drugs, alcohol and tobacco?</p> <p>What can influence a person to take legal/illegal substances? Why might a person try and influence a person to take legal/illegal substances? What strategies could an individual use to manage any influences?</p> <p>What is the difference between short and long term health risks? What short/long term risks could substance abuse course? Why do different substances increase the risk of poor health?</p>
	<p>Media Literacy and Digital resilience</p> <p>Why could sharing personal information online or on social media be risky? What could happen if you share personal information online? How could you safely manage your personal information online or social media?</p> <p>What are the benefits of the internet and social media? (this could be physical, mental and social aspects). How could the internet and social media improve opportunities for people?</p> <p>How could a person's behaviour online affect them in a positive/negative way? Why might people not recognise that their behaviour online could affect them in the physical world? How could their behaviour online affect them in later life?</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer</p>	<p>Relationships</p> <p>Identify different types of relationships.</p> <p>Why do we have different relationships with people?</p> <p>What factors both positive/negative can affect them?</p> <p>How do people maintain long term relationships?</p> <p>Identify characteristics of a healthy relationship. Why do these make a healthy relationship?</p> <p>Identify characteristics of a unhealthy relationship. Why do these make an unhealthy relationship?</p> <p>How can relationships affect the behaviour/happiness of a person?</p> <p>What is trust and why is it important in a healthy relationship?</p> <p>What behaviours can build trust in a relationship?</p> <p>What behaviours can undermine trust?</p> <p>Identify different types of media?</p> <p>How can the media affect relationships?</p> <p>Does the media impact on people's expectations of a relationship?</p> <p>Why do people go online?</p> <p>What are the risks of going online?</p> <p>Why can relationships develop online?</p> <p>What are the positives/negatives of having relationships online?</p> <p>How can you reduce the risk from others whilst being online?</p> <p>How does this change the way people think about relationships?</p>
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