

	What you will know at the end of this term
Autumn 1	<p>This is Us</p> <p>What are personal strengths? Why might recognising personal strengths build confidence and self-esteem? Why does having self-confidence and good self-esteem improve health and wellbeing? What do we mean by wellbeing and resilience? Why could life changes and relationships affect wellbeing and resilience in a positive and negative way? Why could personal achievements and employment affect a person's wellbeing and resilience in a positive and negative way? Why do people use media/social media? What influences does media/social media have on people? What impact could media/social media have on a person's body image, physical and mental health? Why are people negative to others? What strategies could a person use to build their resilience to this? Why would building resilience improve a person's self confidence What internal influences could affect a person's health and wellbeing? What external influences could affect a person health and wellbeing? How could a person recognise and manage these influences?</p>
Autumn 2	<p>Relationships, sex and health education</p> <p>What is consent? Why does consent need to be given? What is the law relating to consent? What could happen if consent isn't given and that decision is not respected? What is the purpose and importance of contraception? What different forms of contraception are there? Why are their different forms of contraception? How can we access contraception and get advice? Why can sexual activity spread infections? What are STI's? What different STI's are there? What are barrier contraceptives? Why do these offer more protection against infection? What is unprotected sex? What are the risks of unprotected sex? What are the consequences of unintended pregnancy?</p>
Spring	<p>Drugs, alcohol, and associated risks</p> <p>What are abusive behaviours? What is the difference between grooming, sexual harassment and sexual and emotion abuse? What are the warning signs for these behaviours? Where can you access support? What is violence and exploitation? Why could these behaviours be associated with the misuse and supply of legal and illegal drugs? Why might a person not recognise the warning signs?</p>

	<p>What is county lines? Why is county lines strongly linked to gangs and gang culture? What might cause a person to get involved in county lines? What support is there for people? Why are young people often targeted by gangs? What may cause a person in a gang to carry a weapon? Why is the supply of drugs often linked to people carrying weapons?</p> <hr/> <p>Finance and Management</p> <p>What is the purpose of money? Why is it important to understand the value of objects/items and money? Why are young people seen as being more high risk with money? Why would banks not lend money to young people? What is personal finance? Why is it important to understand your personal finances? What is the difference between credit and debit? Why might people 'save' money? What financial services are there to support people with their finances? What different ways can people get into debt? Why can emotions cause people to get into debt? What health issues can being in debt cause? What support is available for people who may get into debt? How might advertisement cause people to spend money? Why might peers influence people to spend money? What other influences may cause people to spend money? (Gambling, Drugs, image)</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer</p>	<p>Relationships</p> <p>What can influence people? Why might individuals be influenced? How can being influenced be both a positive and negative thing? How can we recognise if someone is being influenced in a negative way? What are the signs and signals? Why can peers generate feelings of pressure? Why might these feeling differ in different social settings? What does risk taking mean? Why might peer pressure increase the chances of risk taking? How can a person reduce this? Why is peer support important? How can peers support in resisting pressure and negative influences? Why is it important for peers to challenge harmful unsocial behaviour together? Where can peers find appropriate support if needed? Why might someone want you to join their gang? What could an individual do to manage the pressure of joining a gang? What support can an individual get if they feel pressured into joining a gang? What do we mean by weapon? What might be the motivation and misconceptions of carrying a weapon? What could be the consequences of a carrying a weapon? What support or strategies can be used for managing the pressure of carrying a weapon?</p>